



## **The First Conference on Integration of Psychology and Other Sciences**

**Activity Code: AGI-03-P194**

**29 – 30 May 2025**

**College of Education (Bldg I10) – Qatar University**

**Target Audience: Allied Healthcare Practitioners, Psychologists, Therapists, Mental Health Professionals, Islamic Studies Specialists**

### **Aim & Overall Learning Objectives:**

#### **General Aim:**

Expanding knowledge of psychology and its relationship with other sciences and creating an intellectual environment for constructive criticism of the scientific debate related to psychology and the extent to which it is a pivotal field alongside other sciences.

#### **Overall learning objectives:**

**By the end of the conference, participants will be able to:**

- 1. Analyze the theoretical and applied interconnections between psychology and other disciplines such as education, health sciences, and Islamic studies.**
- 2. Evaluate contemporary trends in scientific research and professional practice that promote interdisciplinary integration with psychology.**
- 3. Engage in constructive, critical dialogues that contribute to a deeper understanding of psychology's role in multidisciplinary contexts.**
- 4. Apply insights gained from related fields to enhance their research, clinical, or educational practices.**
- 5. Design professional or research-based initiatives that embody collaboration between psychology and other sciences, contributing to both academic advancement and societal benefit.**



- \* The scientific planning committee has reviewed all disclosed financial relationships of speakers, moderators, facilitators and/or authors in advance of this CPD activity and has implemented procedures to manage any potential or real conflicts of interest.
- \* “This activity is an Accredited group learning activity (Category 1) as defined by Ministry of Public Health’s Department of Healthcare Professions - Accreditation Section and is approved for a maximum number of 15 Hours.”
- \* “CPD-HP (QU—Health) is accredited by Ministry of Public Health’s Department of Healthcare Professions - Accreditation Section (DHP – AS) as a provider of continuing professional development.”

### Activity schedule:

Time & Speakers	Schedule and Learning outcomes
29th May 2025	Day 1 (Pre-Conference Workshops)
8:00 - 9:00	Conference/Workshop Registration
9:00 – 12:00  Dr. Hooman Keshavarzi. (Program Director - Hamad Bin Khalifa University- Qatar)  Dr. Mohammed Mukhaimar. (Assistant professor of Clinical Psychology - Doha Institute for Graduate Studies - Qatar)  Dr. Abdulnaser Fakhrou. (Associate Professor of Educational Psychology- Qatar University - Qatar)	<p><b>Workshop One: An Islamically Integrated Approach to Mental Health Treatment (English)</b> <u>Learning outcomes:</u></p> <ul style="list-style-type: none"> <li>● Integrate core Islamic principles and values into evidence-based mental health treatment frameworks to enhance therapeutic relevance and cultural sensitivity.</li> <li>● Analyze the intersections between Islamic theology, psychology, and mental health practices to develop comprehensive and faith-sensitive treatment plans.</li> <li>● Demonstrate the ability to ethically navigate religious and psychological dimensions within clinical settings, ensuring both clinical efficacy and spiritual congruence.</li> </ul> <p><b>Workshop Two: Strengthening the Therapeutic Alliance for Better Recovery Outcomes (Arabic)</b> <u>Learning outcomes:</u></p> <ul style="list-style-type: none"> <li>● Identify key factors that influence the development and maintenance of a strong therapeutic alliance across diverse client populations.</li> </ul>



	<ul style="list-style-type: none"> <li>● Apply advanced communication and empathy-based strategies to foster trust, collaboration, and client empowerment throughout the recovery journey.</li> <li>● Evaluate the impact of therapist-client relational dynamics on treatment outcomes and formulate approaches to repair ruptures in the therapeutic relationship effectively.</li> </ul> <p><b>Workshop Three: Out of the box: creative lifestyle and problem solving (Arabic)</b> <u>Learning outcomes:</u></p> <ul style="list-style-type: none"> <li>● Develop innovative lifestyle interventions that promote psychological resilience, well-being, and adaptive functioning in complex real-life scenarios.</li> <li>● Employ creative problem-solving methodologies to address clinical and everyday challenges beyond conventional therapeutic approaches.</li> <li>● Design personalized, out-of-the-box action plans for clients that integrate creativity, flexibility, and resourcefulness as core elements of sustainable change.</li> </ul>
<p><b>10:00 - 12:00</b></p> <p>Mr. Yousif Mahdi (Teaching Assistant - Department of Social Sciences and Humanities, Psychology Program - Qatar University - Qatar)</p>	<p><b>Focus Group (Arabic)</b></p> <p><u>Learning outcomes:</u></p> <ul style="list-style-type: none"> <li>● Articulate shared professional challenges and opportunities in applying integrated psychological approaches across disciplines.</li> <li>● Generate actionable recommendations for advancing interdisciplinary collaboration between psychology and related sciences.</li> <li>● Critically reflect on community needs and propose future directions for research and practice based on collective dialogue.</li> </ul>
<p><b>12:00 – 12:30</b></p>	<p>Prayer (Duher) and Coffee Break</p>



Time & Speakers	Schedule and Learning outcomes
29th May 2025	Day 1 (Conference Sessions)
12:30 – 13:30	<b>Registration (Conference Attendance - Public)</b>
13:30 – 13:35	<b>Opening Remarks</b> <u>Learning outcomes:</u> <ul style="list-style-type: none"><li>● Recognize the strategic significance of integrating psychology with other sciences in advancing interdisciplinary knowledge and societal development.</li><li>● Appreciate the overarching vision, mission, and objectives of the First Conference on Integration Between Psychology and Other Sciences, and understand its role as a pioneering platform in the Arab region.</li><li>● Become oriented with the key themes, structure, and aspirations of the conference agenda, setting the tone for active and meaningful engagement throughout the event.</li><li>● welcoming the attendance and motivated to participate actively in the conference.</li></ul>
13:35 - 13:38	<b>Recital from the Holy Quran</b>
13:38 – 13:45 Ms. Roaa Elotify (Representative of Psychology Chapter & Co- Chair)	<b>A speech about the Psychology Chapter and the Conference</b> <u>Learning outcomes:</u> <ul style="list-style-type: none"><li>● Describe the importance of the conference in achieving in-depth knowledge about the integration of psychology with other sciences, as one of the most prominent contributions to psychology in the Arab world.</li></ul>



	<ul style="list-style-type: none"> <li>● Describe the conference as the first of its kind directed at Qatar University graduates and all those working in the field of psychology in various institutions.</li> <li>● Seek to understand the various problems in Qatari society and come up with recommendations.</li> <li>● Benefit from the experiences and contributions of other countries.</li> </ul>
<p><b>13:45 – 13:50</b></p> <p>Dr. Abdalnaser Fakhrou (Chair of Organizing Committee - Associate Professor of Educational Psychology - Qatar University)</p>	<p><b>A speech about the Organizing Committee at the conference</b></p> <p><u>Learning outcomes:</u></p> <ul style="list-style-type: none"> <li>● Acknowledge the collective efforts, challenges, and achievements of the team in delivering a pioneering interdisciplinary event.</li> <li>● Understand the importance of collaborative leadership and cross-functional coordination in achieving the goals of large-scale scientific initiatives.</li> </ul>
<p><b>13:50– 14:05</b></p> <p>Dr. Suhaila Ghuloum (Scientific Chairman - Senior Consultant Psychiatry - Hamad Medical Corporation)</p>	<p><b>Keynote Talk About MH in Qatar: Challenges and Opportunities</b></p> <p><u>Learning outcomes:</u></p> <ul style="list-style-type: none"> <li>● Describe the challenges facing Qatari society in terms of mental health.</li> <li>● Describe the achievements of the field of psychology in Qatar in addressing mental health problems and disorders.</li> <li>● Describe the impact of the current level of awareness about the concept of mental health in Qatar.</li> </ul>
<p><b>14:05 - 15:05</b></p>	<p>Break (Prayer &amp; Lunch Break)</p>
<p><b>15:05 -16:05</b></p> <p>Dr. Pasquale Caponnetto (Assistant Professor of Clinical Psychology - University of Catania - Italy)</p>	<p><b>Session One: Psychology and Health</b></p> <p><b>Chair:</b></p> <p><b>Topic: Cyber Health Clinical Psychology</b> <b>Explain the emerging role of cyber health in clinical psychology and its implications for mental health care delivery (English)</b></p>



<p>Dr. Hind Rifai (Assistant Professor of Clinical Psychiatry - Weill Cornell Medicine - Qatar)</p>	<p><u>Learning outcomes:</u></p> <ul style="list-style-type: none"> <li>● Evaluate the ethical considerations, challenges, and opportunities associated with digital therapeutic interventions.</li> <li>● Apply evidence-based cyber health practices to enhance psychological support and accessibility in clinical settings.</li> </ul> <p><b>Topic: The integration between Psychology and Women's health in the peripartum period (English)</b></p> <p><u>Learning outcomes:</u></p> <ul style="list-style-type: none"> <li>● Examine the interdisciplinary relationship between psychological factors and women's physical health during the peripartum period.</li> <li>● Integrate psychological frameworks into maternal healthcare plans to promote mental and emotional well-being before and after childbirth.</li> <li>● Critically appraise existing practices and propose holistic models that bridge psychology and women's health sciences during the perinatal phase.</li> </ul>
<p><b>16:05 – 16:20</b></p>	<p><b>Q&amp;A</b></p>
<p><b>16:20 – 18:00</b></p>	<p><b>Oral Presentations</b></p> <p><u>Learning outcomes:</u></p> <ul style="list-style-type: none"> <li>● Synthesize interdisciplinary knowledge presented across various fields to deepen their understanding of how psychology integrates with other sciences.</li> <li>● Critically evaluate diverse research methodologies and findings that highlight innovative approaches to the integration of psychology and other disciplines.</li> </ul>



	<ul style="list-style-type: none"> <li>Engage in scholarly dialogue by posing insightful questions and offering feedback that promotes cross-disciplinary collaboration and advances scientific inquiry.</li> </ul>
30 <sup>th</sup> May 2025	Day 2
<p><b>9:00 - 10:00</b></p> <p>Dr. Ahmad Mohammed (Psychologist at Hamad Medical Corporation- Qatar)</p> <p>Dr. Evridiki Iliaki (Health Psychologist - Head of Hwwglobal - Qatar)</p>	<p><b>Session Two: Educational Psychology</b></p> <p><b>Topic: The Effects of Attachment Security on Emotional Regulation and ADHD (English)</b></p> <p><u>Learning outcomes:</u></p> <ul style="list-style-type: none"> <li>Analyze the relationship between attachment security and emotional regulation difficulties in children with ADHD.</li> <li>Explain how integrating attachment theory can enhance clinical approaches to managing ADHD symptoms.</li> <li>Identify interdisciplinary strategies that combine psychological and educational interventions to support children with attachment and regulatory challenges.</li> </ul> <p><b>Topic: Psychoeducation Across All Academic Years (English)</b></p> <p><u>Learning outcomes:</u></p> <ul style="list-style-type: none"> <li>Describe the role of psychoeducation in promoting psychological resilience and academic readiness in early school-aged children.</li> <li>Evaluate the effectiveness of psychoeducational programs that integrate psychological principles with educational practices.</li> <li>Apply interdisciplinary methods to design psychoeducational initiatives that support holistic development in early childhood education settings.</li> </ul>
<b>10:00 – 10:15</b>	<b>Q&amp;A</b>
<b>10:15 – 11:30</b>	<p><b>Poster Presentations</b></p> <p><u>Learning outcomes:</u></p>



	<ul style="list-style-type: none"> <li>● Critically evaluate research findings presented through posters, with a focus on interdisciplinary integration between psychology and other sciences.</li> <li>● Engage in scholarly discussions with presenters to explore methodologies, results, and their implications across different fields.</li> <li>● Identify innovative research trends and interdisciplinary approaches that contribute to advancing psychological science in collaboration with other domains.</li> </ul>
<p><b>11:30 – 12:30</b></p>	<p>Break (Friday Prayer &amp; Lunch Break)</p>
<p><b>12:30 – 13:30</b></p> <p>Dr. Khalid Al-Jaber (Family Medicine Consultant - Founder and General Manager of Awafi Community Company - KSA)</p> <p>Dr. Mutaz Al-Khatib (Associate Professor of Methodology and Ethics - Hamad Bin Khalifa University - Qatar)</p>	<p><b>Session Three: Islamic Psychology</b></p> <p><b>Topic: The Origins and Features of Psychological Theory in Islamic Psychology (Arabic)</b></p> <p><u>Learning outcomes:</u></p> <ul style="list-style-type: none"> <li>● Identify the foundational principles and origins of psychological theory as rooted in Islamic intellectual heritage.</li> <li>● Analyze how Islamic psychology integrates classical psychological concepts with spiritual and ethical frameworks.</li> <li>● Critically compare Islamic psychological theories with contemporary Western models to explore opportunities for interdisciplinary integration.</li> </ul> <p><b>Topic: Healing The Souls: A Multidisciplinary Topic (Arabic)</b></p> <p><u>Learning outcomes:</u></p> <ul style="list-style-type: none"> <li>● Examine the interconnections between psychology, medicine, spirituality, and social sciences in promoting holistic mental health.</li> </ul>



	<ul style="list-style-type: none"> <li>● Evaluate multidisciplinary approaches to psychological healing, drawing from diverse theoretical and clinical perspectives.</li> <li>● Propose integrative strategies for psychological care that address biological, emotional, cognitive, and spiritual dimensions of well-being.</li> <li>●</li> </ul>
13:30 -14:45	Q&A
13:45 – 14:45	<p><b>Session Four: Integration Across Disciplines</b></p> <p><b>Panel Discussion</b> <b>Topic: From Theory to Practice: Bridging Academic Knowledge and Field Experience Across Psychology, Health, Islamic, and Educational Sciences.</b></p> <p><u>Learning outcomes:</u></p> <ul style="list-style-type: none"> <li>● Understand the interrelationships between psychological, physical, spiritual, and educational dimensions of human development.</li> <li>● Identify key contributions from Islamic sciences to modern psychological and therapeutic practices.</li> <li>● Analyze how interdisciplinary collaboration can enhance the effectiveness of mental health and educational interventions.</li> <li>● Evaluate case examples or models that integrate insights from psychology, health sciences, Islamic values, and education.</li> <li>● Reflect on how cultural and religious contexts influence approaches to health and psychological well-being.</li> </ul>
Chair: Dr. Abdullatif Salami	
Panelists: Dr. Rajab Şenturk Dr. Hooman Keshavarzi Dr. Hend Refai Dr. Ahmed Mohammed	
14:45 - 15:15	Break (Prayer & Coffee Break)
15:15 – 16:35	<p><b>Oral Presentation</b></p> <p><u>Learning outcomes:</u></p>



	<ul style="list-style-type: none"><li>● Synthesize interdisciplinary knowledge presented across various fields to deepen their understanding of how psychology integrates with other sciences.</li><li>● Critically evaluate diverse research methodologies and findings that highlight innovative approaches to the integration of psychology and other disciplines.</li><li>● Engage in scholarly dialogue by posing insightful questions and offering feedback that promotes cross-disciplinary collaboration and advances scientific inquiry.</li></ul>
<b>16:35 – 18:00</b>	<b>Award Announcements</b> Best Poster and Oral Presentation